Technische Universität München | Arcisstraße 21 | 80333 München
TUM School of Medicine and Health

München, 29. Juli 2026

Information for freshmen at M.Sc. Health Science – Prevention and Health Promotion and M.Sc. Sport and Exercise Science

Dear first semester students,

With this letter we would like to welcome you to our School and provide you with important information on how to start your studies:

- **First semester introduction of the sport- and health science programs on 06.10.2026:**
  - The introduction for the new students of our School will take place at the Campus im Olympiapark (CiO), see https://www.mh.tum.de/en/mh/tum-school/structure/locations/. On Tuesday, 06 October 2026, the introduction will begin with a lecture by the head of the degree program and other important contact persons. Topics include the timetable, course registration, deadlines and dates for the winter semester 2026/27 and much more important organizational information about the degree program. After the lecture, there will be a fair where you can get to know important facilities related to studying. You will be invited to the first semester introduction by mail at the end of September/beginning of October.
    On the following website you will find additional information about the start of your studies https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/news/information-for-freshmen/. The information on this website will be updated regularly.

- **TUM First Steps – Program Wintersemester 2026/27**
  - **TUM First Steps – Infosessions**, **07 - 11 September 2026**
  - **TUM First Steps – Student Experiences, 12 September 2026**
  - From enrollment and finding accommodation to registering your place of residence and financing your studies: TUM First Steps provides admitted international students with everything they need to know to get off to a good start at TUM. For more information about the program, visit https://www.tum.de/en/studies/during-your-studies/starting-your-studies/tum-first-steps.

- **Fit for TUM from 28.09. to 30.09.2026:**
  - Fit for TUM (https://www.tum.de/en/studies/during-your-studies/starting-your-studies/fit-for-tum) is a central virtual service fair of TUM, which provides information on starting your studies, e.g. student finance, housing, university life, ... (Registration necessary)

- **Information on the study programs, study procedure, etc.:**
  - A lot of information about the study programs (study overviews, examination and study regulation, ….) can be found on the program websites https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/students/study-programs/master-courses-m-sc/msc-sport-exercise-science/

and https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/students/study-programs/master-courses-m-sc/msc-health-science/
    - Please pay particular attention to the “Information about the first semester” on the program website, which can be downloaded in the “Information and Downloads” section (General Study Documents).

- **Chat groups for the students of the TUM School of Medicine and Health:**
    - There are chat groups for the individual study programs in Matrix. You can easily join these groups and get in contact with your fellow students to get to know each other, exchange information and e.g. form study groups in the channels master_health_science (mhs:tum.de) or master_sport_science (mes:tum.de). Information supplementing the studies (announcements, events, dates ...) are also posted there. Instructions for the matrix chat as well as links to mobile and desktop apps can be found at https://wiki.ito.cit.tum.de/bin/view/CIT/ITO/Docs/Services/Matrix/.

- **Peer-Program:**
    - We would like to support our new students to get in touch with their fellow students and to network with each other. Therefore we offer a Peer-Program, where you will get in contact with a student of the higher semester, who will be available for questions concerning the entry into the study and the student life. For more information, visit https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/prospective-students/peer-program/

- **TUM Center for Study and Teaching**
    - The TUM Center for Study and Teaching (TUM CST) is responsible for the central student support and administration: https://www.tum.de/en/studies/tum-center-for-study-and-teaching/ The CST is responsible for general questions about studying (e.g. administration of fees, exmatriculation, ...) and offers general study advice: https://www.tum.de/en/studies/support-and-advice/support-during-studies/studentadvising Also located at the CST is the learning and examination coaching service, which supports you in your exam preparation: https://www.tum.de/en/studies/support-and-advice/support-during-studies/academic-coaching

- **IT Services for Students:**
    - Information on all essential student IT services can be found at https://www.it.tum.de/en/it/students/.

- **Student council (Fachschaft) Sport & Health:**
    - The student council consists of students of the school, promotes student interests and is available as a contact person. Furthermore, it organizes e.g. tournament days and other activities. Further information is available at https://www.sv.tum.de/en/sg/home/

For further questions about your studies, you can contact the team of the student advisory service by email at studium.gsw.sto@mh.tum.de. The in-person and telephone consultation hours can be

found at https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/student-advisory-service/.

We wish you a good start into the winter semester 2026/27 and look forward to seeing you!

Your Team Study and Teaching