Erasmus+

FACTSHEET 2025-26

Name of the Institution	UNIVERSIDADE DE LISBOA **Faculdade de Motricidade Humana**
Erasmus Code	P LISBOA 109
Address	Faculdade de Motricidade Humana Estrada da Costa 1499-002 CRUZ QUEBRADA DAFUNDO PORTUGAL
Erasmus Office | Contacts (Incoming/outgoing Students, Bilateral Agreements, Staff mobility (training and teaching)	**Rita Jordão,** Mobility Coordinator Faculdade de Motricidade Humana C/o Rita Jordão Estrada da Costa 1495-688 CRUZ QUEBRADA DAFUNDO PORTUGAL ✉ ritajordao@fmh.ulisboa.pt erasmus@fmh.ulisboa.pt ☎ +351 214 149 104
Nomination	**Nomination via email**: erasmus@fmh.ulisboa.pt, including the following information: . Full name . Student's email address . Semester(s) student is nominated for . Field/area of study . Gender . Birth date . Level of studies (Bachelor/Master/PhD) **Nomination deadlines**: Winter semester: 15th of May Summer semester: 30th November
Application	Students will receive information on how to apply, together with the required documents **Application deadlines**: Winter semester – Deadline for receiving documents: 15th of July Summer semester – Deadline for receiving documents: 15th of December
Registration	On campus, one week before the beginning of the semester.
Portuguese Language Course	A real Beginners intensive course is organized in both semesters. Total hours: 56H – (2 days/week (2h/day – 6 ECTS). This is a paid course. Students may also apply for other levels.
Academic Calendar	The academic year is divided into 2 semesters of 14 weeks each. The autumn semester runs from mid September to the end of December and the spring semester from early February to early June. Exams period for 1st semester: January and February; Exams period for 2nd semester: June and July.
Orientation Days	The week prior to the beginning of each semester.